

pivotnow[®]

THE PIVOT MINISTRY NEWSLETTER

Fall Semester Update

It is hard to believe that we are more than halfway through our fall semester with an anticipated graduation date of December 16th. Pivot's seventh class is made up of determined and contemplative women who attend Thursday classes at The Enterprise Center as well as weekly meetings with their dedicated mentors. Many instructors share how much they enjoy getting to know the ladies and say they are blessed by their time in class. Without a doubt, they impact the women of Pivot greatly and equip them to make the positive changes they are seeking to accomplish. A couple of Pivot's longtime instructors share how their courses help women transform their lives:

LifeKeys with Debbie Loftis

"I learned a lot today!" "This is helping me tremendously!" "It feels good to know myself better." These examples of feedback came from our highly engaged Participants in the current semester's LifeKeys class. During each of the six two-hour sessions, every Participant listened, responded, questioned, and shared with an open mind and heart, receptive to growth and change. Our sessions always began with a question. Journeying from "What did (do) I want to be when I grow up?" (remembering dreams derived through play and culture) to "What is my destination?" (creating a realistic vision for her future), each woman matured in self-knowledge and self-confidence. On the last day, all were able to say with certainty:

- I am worthwhile.**
- I am capable.**
- I am strong.**
- I have purpose.**
- I can achieve my dreams.**

Debbie Loftis (center in grey) provides each participant with copies of the books discussed in LifeKeys.



Sheryll Strode, center top of picture, shares the TRP mentality with participants in the current semester.

Totally Responsible Person with Sheryll Strode

"Though no one can go back and make a brand-new start, anyone can start from now and make a brand-new ending." Carl Bard/James Sherman

In Totally Responsible Person (TRP), Pivot participants become aware of when they're in victim mentality, when they allow other people and situations to determine their thoughts, feelings and actions. With this awareness, they have the opportunity to make a choice to take back this power, to own their own decisions, thoughts and actions, and to create the life they want. They come to understand how the stories they tell about others' motivations and themselves limit the quality of their relationships and what they can accomplish.

All of us must learn to make these shifts, and the Pivot participants do so with

inspiring vulnerability and amazing courage. The participants immediately start building their TRP muscles, taking their new knowledge and self-awareness into their real lives with meaningful, positive impact. They remove ways of thinking and acting that no longer serve them, and embrace a belief in their capacity to do and be what they want. Feedback from two participants: *"This has changed my entire way of thinking."* *"This class has made a great change in my life."*

Our instructors - most of whom are volunteers - spend countless hours preparing lessons, creating materials and activities in addition to the time they spend teaching. We so appreciate how they invest in our participants. Part of the Pivot Ministry culture is that everyone involved uses their God-given gifts and passions. What joy to see our instructors employ this philosophy not only to help the participants thrive, but also flourish themselves. We hope that all our supporters - whether instructors, mentors, volunteers, prayer warriors, or donors - know that they are invaluable in ministering to our participants.



Year-End Fundraising Emphasis

Transforming THE LIVES OF WOMEN



Pivot Ministry has been successfully “*Transforming the Lives of Women*” for over five years now, and this is the theme for our year-end fundraising emphasis. As our latest class approaches graduation in December, we have an opportunity to celebrate this success and gain momentum for an even more exciting and successful 2024.

Your gifts will allow Pivot to minister to low-income women who are ready to make positive changes in their lives. The transformative and life-changing process includes classes in life skills, job readiness, and Bible

study along with weekly mentor meetings. Women identify and meet goals that set their lives along new pathways.

Pivot accepts up to ten women for each semester, at **no cost** to them. Two 16-week semesters a year, with classes meeting 9 am-3 pm one day a week, allows Pivot to change the lives of up to 20 women per year. A generous donation of \$2,500 can fully support one participant throughout the semester. To make an online donation go to: www.pivotnow.org/transform or scan the QR code shown. To

volunteer go to: www.pivotnow.org/volunteer.

Your prayers, donations, and time for Pivot can *TRANSFORM the Life of a Woman* seeking to be who God wants her to be, and might just transform you as well! For more information visit the Pivot website www.pivotnow.org or contact Executive Director Carol Polk (carol@pivotnow.org) 336.971.4878, Program Coordinator Michelle Minnich (michelle@pivotnow.org) 336.207.3890, or Pivot’s Office at 336.725.8767 x 131.



SAVE THE DATE

Pivot Graduation #7
December 16 at 2:00 PM
Centenary United Methodist Church
Memorial Auditorium

Volunteer to Help with Graduation

Click [here](#) to Decorate, Provide Food, Usher, Set-up/Tear down and more. Or go to:

<https://tinyurl.com/grad-7-help>

Volunteers Hit a Home Run

Early in the spring, board member Thurmond Toland presented an opportunity to the Fundraising Committee for Pivot to host concession stands at Winston-Salem Dash baseball games at Truist Stadium. The committee eagerly accepted the opportunity to expand awareness of Pivot and earn some money to sustain the ministry along the way.

During five dates from May 4 - September 1, volunteers worked various concession stands at home games. Coordinated by volunteers Vicki Keslar and Carolyn Carpenter, Pivot had teams



in the Flow Club, at the Picnic Terrace, at third base, with Dash-N-Go, and at specialty food stations such as sausage, pretzels, and popcorn.

Staff member Michelle Minnich designed big "Ask me about Pivot" buttons and donation boxes for cash gifts. Over the course of those five games, volunteers filled more than 40 spots as smiling Pivot ambassadors, greeting hungry fans, serving as cashiers, delivering food, sharing a bit about Pivot, and building comradery.

A big shout out and thanks to every volunteer who helped with this fun effort. You generated over \$2,100 through your efforts! In addition, many attendees heard and saw the name Pivot Ministry because of you. **Home Run! Way to Go, Team!**



13th Annual ROCC 5k to Benefit Pivot

On May 11, 2024, River Oaks Community Church on Lewisville-Clemmons Road will once again host its annual 5k event on what they say is one of the fastest, flattest, newly resurfaced courses in the Triad. We're very excited to share that the 2024 ROCC 5k will benefit Pivot Ministry! The 2023 ROCC 5k raised over \$10,000 for the Winston-Salem Rescue Mission, so Pivot is blessed to be chosen as next year's beneficiary.

Mark your calendars. Check out this link to the ROCC [Facebook page](https://www.facebook.com/ROCC5k) (www.facebook.com/ROCC5k). Be prepared to sign up on Feb. 1 when registration goes live. And consider volunteering if you're not hitting the track! To sign up to be a race participant, volunteer, or donate to Pivot through the event, go to this [sign-up page](https://runsignup.com/Race/NC/Clemmons/TheROCC5K) or: runsignup.com/Race/NC/Clemmons/TheROCC5K



Novelist Shares Goal-Setting and Devotional Tips

By Susan David, Pivot Plus Coordinator

Pivot graduates enjoyed a fireside chat on September 16 with Heather Norman Smith, a Christian novelist who has also written a goal-setting journal and a devotional book. This was the third event of 2023 for Pivot Plus, Pivot's quarterly alumnae gatherings.

Sitting around the fireplace at the Winston-Salem Central Library on Saturday afternoon, the graduates responded heartily to Heather's description of her struggles with goal-setting in novel writing. Her accounts of planning and working to develop a character and then running into a brick wall reminded all those present of a time when they too struggled. The graduates understood Heather's disappointment when she did not reach a goal and celebrated hearing about how she worked through the issues with God's help. Many shared their own stories of frustration, as well as how God has encouraged them. The highlight of the gathering was indeed this time of sharing.

Heather then introduced the concept of daily goal-setting – small but important goals like doing a kind deed or spending time in prayer. The participants were thrilled to



Pivot graduates, volunteers, and author Heather Norman Smith (back row, fourth from right) enjoyed getting to know each other at the September Pivot Plus event.

receive copies of both *Good Works: A Goal-Setting Journal* and *Timeout for Jesus* to take home. One of the graduates even stayed to talk to Heather about the writing process and was encouraged to stay in touch!

Thank you to Heather Norman Smith for sharing her insight and experience with the Pivot graduates. For more information

about Heather visit her website at <https://www.heathernormansmith.com/>. To purchase the devotional book and journal follow these links: *Timeout for Jesus* <https://www.amazon.com/Timeout-Jesus-Thirty-Appointments-Savior/dp/1734012404> *Good Works: A Goal-Setting Journal* <https://www.amazon.com/Good-Works-Every-Season-Products/dp/B0B3HL8P5D>

Stay tuned... Pivot will be featured as **WBFF's Ministry of the Month** for December!



**Know a Woman Who's Ready to Pivot?
Send Her Our Way!**

**Pivot's Spring Semester
Coming February 2024**

Pivot Ministry Inc is a 501(c)(3) public charity. Donations directly to Pivot are tax deductible to the extent allowed by law. Two ways to donate: Make checks payable to *Pivot Ministry* and send to:

501 Miller Street
Winston-Salem, NC 27103
or click here to donate

<https://pivotnow.org/transform>

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